

Place  
Child's  
Picture  
Here



Katy Independent School District  
Health Services Department  
**Allergy Action Plan**

Transportation  
 Car Rider       Walker  
 Bus # \_\_\_\_\_  
 Other: \_\_\_\_\_

Student has permission to transport medication listed below to and from school?  
 YES    NO

Students Name		Date of Birth	Grade
Parent/Guardian	Phone		Cell
Other Emergency Contact	Phone		Cell
Allergy to:		Triggers:	

**Asthma:**    Yes    No   \*Higher risk for severe reaction

**Sensitivity:**    Ingestion Only    Topical/Ingestion    Topical    Airborne

Additional Details:	Yes	No	Comments
History of EpiPen use			
History of reaction			
Special lunch seating required			
Classroom accommodation needed			

**STEP 1: TREATMENT**

<b>Symptoms:</b>		<b>Give Checked Medication**:</b> <small>** (To be determined by physician)</small>	
• Mouth	Itching, tingling, or swelling of lips, tongue, mouth	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• Skin	Hives, itchy rash, swelling of the face or extremities	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• Gut	Nausea, abdominal cramps, vomiting, diarrhea	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• Throat†	Tightening of throat, hoarseness, hacking cough	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• Lung†	Shortness of breath, repetitive coughing, wheezing	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• Heart†	Weak or thready pulse, low blood pressure, fainting, pale,	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• Other†	_____	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
•	If reaction is progressing (several of the above areas affected), give:	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine

†Potentially life-threatening. The severity of symptoms can quickly change.

	Name of Medication	Dose	Route
<b>Antihistamine</b>			
<b>Epinephrine</b>			
<b>Other</b>			
<b>Other</b>			

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

<b>STEP 2: ANAPHYLACTIC EMERGENCY PROTOCOL</b>
• Contact campus nurse at _____
• Administer emergency medications
• Call 911
• Notify parent or emergency contact
• Document episode/Student Accident Report Filed & complete Post Anaphylaxis Reaction Review
• Other: _____

I agree with the recommendations of my child's HCP and authorize Katy ISD staff to deliver treatment as outlined above. I also give permission for my child's HCP to communicate with appropriate Katy ISD employees for the current school year.

Physician Signature:	Printed Name:	Phone:	Date:
Parent Signature:	Printed Name:	Phone:	Date:

**ADDENDUM to Action Plan**

**NURSE USE ONLY:**

- Transportation Notified: Date Faxed \_\_\_\_\_
- Bus Driver Notified
- Added to Medical Alerts
- Self-Carry
- Diet Modification: Date Faxed \_\_\_\_\_
- RTI    504    ARD   Committee Notified: Date \_\_\_\_\_

In addition: A full IHP needed for a 504 or an ARD

	Field Trips	Student will be grouped with a trained staff member.
	Before or After School Activities (i.e. Safety Patrol, Clubs, Sports)	Nurse and Parent will discuss a plan for their child.
	Emergency Evacuation of School	Nurse will bring medication/supplies out of building and will attend to student as needed.

**◇ TRAINED STAFF MEMBERS ◇**

(To be completed by campus personnel)

Teacher's Name:	Date:
Teacher's Name:	Date:
Administrator's Name:	Date:
Office Staff's Name:	Date:
Cafeteria Staff's Name:	Date:
Bus Driver's Name:	Date:
Other Name:	Date:
Other Name:	Date:
Other Name:	Date:

**OTHER COMMENTS:**

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Nurse Signature: \_\_\_\_\_

Date: \_\_\_\_\_